

## EMFACE PRE AND POST CARE INSTRUCTIONS

### Possible side effects of treatment

- **Do not undergo the procedure if you have a PACEMAKER, INTERNAL DEFIBRILLATOR, OR ANY ACTIVE IMPLANTED DEVICE.**
- Erythema (redness) and mild swelling in the treated area. Both will likely disappear within 2-24 hours.
- Heating sensation during treatment or just following treatment.
- Dry skin in the treatment area during the first 12 hours post treatment. It usually resolves within 48 hours.
- Temporary damage to natural skin texture (crust. Blister, and burn).
- Muscular pain.
- Temporary muscle spasms.
- Temporary headache

### Pre- Care

- Do not wear any make-up, lotions, or creams on the treatment area on the day of treatment.
- Discontinue the use for Retin A/Retinol products 3 days prior to treatment.
- Do not wear any jewelry.
- Skin should be free from hair (men undergoing facial treatments must shave the morning of the session).
- Do not undergo any skin peel or laser procedures for 2 weeks prior to the procedure.
- **HYDRATION IS THE KEY TO YOUR SUCCESS WITH TREATMENT The more hydrated you are the better your results will be. Avoid alcohol for 24 hours prior to treatment-it will cause dehydration.**
- **Wait for 2 weeks after injections to start EMFACE treatments (neuromodulators, filler, or Sculptra).**

### Post Care

- Hydrate well after treatment as this will help ensure optimal treatment results.
- Do not undergo laser treatments, chemical peels, waxing, the use of depilatories, or microdermabrasion for 3-4 weeks after treatment.
- Expect some possible tenderness, swelling, warmth, and redness on the treated areas for a few days to a week after treatment.

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