

SOFWAVE PRE TREATMENT INSTRUCTIONS

Pre-Treatment Instructions

- Active use of retinol/tretinoin/vitamin C (stop 1 week prior to tx)
- Male facial hair (shave 24hours prior or use electric razor)
- No Botox/Filler or facial treatments 2 weeks prior, okay after treatment
- Please arrive with a clean face- no makeup.
- Prior to treatment a topical numbing medication will be applied for 1 hour

Post Treatment Instructions

- No post treatment skin care needed
- Resume normal activities, can apply makeup, sweat/workout
- Wait 24 hours post treatment to continue tretinoin/retinol/vit C
- No anti-inflammatory recommended for 2 weeks
- Patients will notice results within 4 weeks and up to 12 weeks for optimal results
- Follow up at 3 months

Kristin M Baird, MD | Joe Overman, MD | Maxine Warren, MD | Traci Wilke, PA-C
P 303.532.2810 | F 303.532.2816 | DermatologyoftheRockies.com

Longmont Medical Campus • 1551 Professional Lane, Suite 135 • Longmont, Colorado 80501
EP Health Specialty Clinic • 420 Steamer Drive, Ste 101 • Estes Park, Colorado 80517