

## POST PROCEDURE CARE FOR SCULPTRA

### POST-PROCEDURE INSTRUCTIONS LISTED BELOW

Immediately following the treatment session, you may experience some or all of the following conditions: redness, swelling, pain, bruising, tightness, or numbness of the treated area. These side effects usually subside in a 24 to 72 hours.

- In the hours following the procedure, avoid extreme facial expressions, alcohol consumption, sun exposure and saunas or hot tubs.
- Apply a **wrapped** ice pack to the treated site to reduce swelling. Avoid putting ice directly on the skin.
- Gently massage the treated areas with a moisturizer for 5 minutes, 5 times per day, for 5 days. Avoid excessive manipulation of treated area.
- You can massage with a gentle moisturizer or Arnica topical.
- For any discomfort you may take Tylenol.

If you should have any questions or concerns, please call the office during office hours 8:00 a.m. to 5:00 p.m. Monday through Friday at 303 532-2810. If you have an after hours emergency, please contact our on-call nurse at 720 442-3531.

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