

## Pre & Post Care Instructions for Resonic

### Contraindications

- Pregnant/Breast feeding/ or planning to become pregnant.
- Metal or plastic implants in the area of treatment (vascular stent, or implants in the hips, knees, etc.).
- Active electronic implants such as pacemakers, defibrillators, cochlear implants, nerve/brain stimulators, drug pump, etc.
- Skin disorders (skin infections or rashes, extensive scarring, psoriasis, etc.) in the treatment area.
- Any surgery in the last 3 months.
- Medical disorder that would hinder the wound healing or immune response.

### PRE-CARE

- Prior to treatment, pretreat the cellulite location (cellulite and surrounding skin) by washing, shaving of any topical hair, and gently exfoliate.
- Wear comfortable clothes and a black thong for pictures.

### POST CARE

- Resonic is a non-invasive procedure with no down time or restrictions.
- Pinpoint redness and erythema may be present in the treatment area, this will resolve on its on within hours.