

HAIR RESTORATION WITH PRP

Description of the Procedure

Hair restoration with PRP is a procedure that will help promote and increase hair count, hair thickness and the growth phase of the hair cycle. A higher concentration of growth factors in PRP is derived from your own whole blood after being processed by centrifuge that isolates the platelet rich plasma component (PRP). The PRP solution is then re-administered directly into the scalp by injection to stimulate the development of new hair follicles in areas that are experiencing hair loss or thinning. The growth factors in PRP can result in tissue repair, scar reduction, and hair restoration. PRP is one of the most natural solutions to safely and effectively promote healthy hair growth.

PRE AND POST TREATMENT CARE

Before treatment:

- Avoid taking anti-inflammatory medications (Ibuprofen, Motrin, Naproxen, Aleve) at least 3 days prior to treatment.
- Discontinue blood thinning medications or supplements (multivitamin, Vitamin E/A, Fish Oil, Aspirin) one week prior to treatment unless you are taking them for a medical condition. If so, please consult with your physician to see if you are a candidate.
- Avoid alcohol one day prior to your PRP treatment.
- Smoking may impact healing and oxygen delivery to the scalp, therefore, your results may be improved the longer you are able to stop smoking before and after treatment.
- Increase fluid intake the day prior to the procedure and day of procedure to ensure you are hydrated for the blood draw.
- You may have your hair colored up to 3 days prior to treatment.
- Do not apply styling products the day of your appointment.
- Be sure to eat a normal breakfast and/or lunch the day of your treatment.

After treatment:

- DO NOT touch, press, rub or manipulate the treat areas for at least 8 hours after your treatment.

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- Avoid all non-steroidal anti-inflammatory agents (Advil, Aleve, Aspirin, Ibuprofen, Motrin), Vitamin A, Vitamin E, Gingko Biloba, Garlic, Flax Oil, Essential Fatty Acids, for at least 2 weeks after your treatment. Remember our goal is to create inflammation. These listed medications will limit and prevent inflammation, which can diminish your results.
- It is normal to experience bruising, redness, itching, swelling and/or soreness that may last 2-5 days following your procedure.
- You may take Tylenol or other Acetaminophen- containing products if you have any discomfort.
- Refrain from applying ice to the injected area as ice acts as an anti-inflammatory.
- Do not wet/wash your hair until the next day
- For the first 3 days, use shampoo that is pH balanced.
- Do not use hair products for at least 6 hours after your treatment.
- Avoid vigorous exercise, sun, and heat exposure for 1 days after your treatment.
- Avoid alcohol, caffeine 1 day after treatment
- Avoid cigarettes-smokers do not heal well and results may take longer.
- Avoid hair coloring or straightening for 3 days after treatment.
- Continue increased water intake the first week after your treatment.
- You will start noticing increased hair growth in 6-8 weeks and maximal results from the procedure will be in 4-6 months.

04/20/2022

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