

**FRAXEL NON-ABLATIVE RESURFACING LASER
PRE-TREATMENT INSTRUCTIONS**

Discontinue any retinoid or retinol products, alpha and beta hydroxy acids, and hydroquinone (bleaching cream) 1 week prior to treatment. These can be resumed 2 weeks after treatment.

Accutane medication must have been stopped for 2 months prior to treatment.

Avoid abrasive scrubs 2 weeks prior to and for 2 weeks after treatment.

Avoid Advil, Ibuprofen, and Aspirin products for 1-2 weeks prior.

Patients who are pregnant or nursing should not have laser treatment.

If you have a history of cold sores (Herpes Simplex), let us know so we can prescribe an antiviral medication.

Patients with a predisposition to keloid formation or excessive scarring or who have suspicious lesions and active infections are not advised to undergo laser treatment.

Please arrive 1 hour and 15 minutes prior to your appointment time. This will allow for sufficient time to take photos, go over any remaining questions you may have, and numb.

Please come to your appointment with a clean and makeup free face.

Topical numbing cream will be applied 1 hour before your treatment to minimize discomfort during your treatment.

It is recommended that contacts and jewelry be removed prior to treatment.

Avoid tanning or using self-tanners 2 weeks prior to treatment.

Please bring a hat to wear after your treatment.

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