

EMSCULPT NEO - PRE & POST CARE INSTRUCTIONS

Pre-Care Instructions

- Keeping your body well hydrated prior to treatment is strongly recommended. Drinking 2 liters of water the day prior to your treatment will help to ensure you are hydrated.
- Do not eat 2 hours prior to your treatment.
- On the day of the treatment, you are advised to wear comfortable clothing, allowing flexibility for correct positioning during the treatment. Please wear black underwear (thongs for women) and bras to your appointment.
- You will be asked to remove all metallic accessories and electronic devices.

Post Care Instructions

- Best time to see optimum results is 2-3 months after the last treatment.
- It is recommended to maintain healthy lifestyle and diet post treatment to enhance and promote best results