

WHO ARE YOU?



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WHERE DID YOU GROW UP?

I was born in Detroit, MI then lived in Fort Lauderdale, FL, and finally moved to Longmont when I was eight years old. I moved away at 17 and lived in many places, including MD, FL, WA, and VA, where I spent eight years during my medical training. Living in so many different places gave me an appreciation of how wonderful a place Colorado is to work, play, and raise a family. I moved back to Boulder county 18 years ago, and I am grateful for every day in our beautiful state.

WHAT BRINGS YOU THE MOST JOY IN YOUR LINE OF WORK?

It is hard to pick just one thing as I love so many aspects of my profession. I cherish the relationships I have built with my patients over the last 18 years. I am reminded of how much of a difference I can make in someone's life each time I diagnose skin cancer, particularly melanoma, in the early stage, when it is still curable. I love educating my patients on skincare, sun protection, skin conditions, and treatments. The aesthetic side of my practice allows me to combine my love of art and science to create personalized treatment plans.

WHAT DO YOU DO FOR FUN IN YOUR FREE TIME?

As any busy working mom will tell you, I cherish my free time and try to make the most of it. I love sports and spending time with my family. I have spent countless hours in hot, sweaty gyms across the country supporting my son's basketball career and I wouldn't trade it for the world! I also enjoy traveling and reading.

WHAT'S YOUR FAVORITE QUOTE?

"An ounce of prevention is worth a pound of cure." -Benjamin Franklin

This is applicable to my profession and my personal life.

MOST TREASURED ITEM?

My grandmother's piano....

ARTWORK YOU LOVE?

Although I have an appreciation for so many different art forms, I have always loved the beauty and spirit of horses. I have many abstract paintings and sculptures of horses throughout my office and home.

WHAT QUALITY DO YOU ADMIRE MOST IN OTHER PEOPLE?

I admire those who have a kind heart, show compassion for others, and are loyal

and dedicated. I respect those that have a true passion for a cause and are willing to commit to it in the face of adversity. Humor brings people together, and we all need a few laughs throughout our day!

YOUR FAVORITE HOLIDAY DESTINATION?

There is nothing better than spending the holidays in my own backyard, the Colorado Rockies. The Rocky Mountains are truly amazing and offer so much to do all year round. With that being said, who doesn't love a beach vacation? Sitting under an umbrella in Hawaii with my hat, sunscreen, a book, and a cocktail never disappoint.

THE BEST THING TO DO IN THE SUMMER IS?

Happy hour on the patio with friends, outdoor activities of any kind, and walking my dachshund, Carly.

WHERE DO YOU SEE YOURSELF IN FIVE YEARS?

To be honest, I want to be doing the same things I enjoy now minus the basketball games since I'll be an empty nester this fall. I plan to continue educating my patients, treating skin conditions, expanding my knowledge, and growing both personally and professionally.

WHAT'S YOUR LIFEHACK FOR GREAT SKIN?

Sun protection, of course! Here are a few of my tips ...Silk/satin pillowcases, avoid straws, always have a hat handy, and sunscreen to the face and hands daily.

FAVORITE FOOD?

I love all types of food, but my sweet spot is chocolate. I can't get enough of our local Chocolive Bars!

FAVORITE COLOR?

All shades of blue.

FAVORITE READING MATERIAL?

Call me old fashioned, but I love reading an actual in-print newspaper daily with my cup of coffee.

DREAM DINNER GUEST?

Toss up between Adele and Bradley Cooper.

YOU GEEK OUT ON ...

Reading my medical journals for sure, but as much as I hate to admit it ... watching the Bachelor and reading People magazine. Both are light-hearted mindless breaks from reality!